

## Module 1

# MANAGE YOUR MONEY & TECH



**aidha**<sup>TM</sup>  
sustainable futures through financial education

### Module 1 - Manage Your Money with Confidence

6 x 3h sessions | Each session consists of 2 different classes

**3 months**



#### Money Management 1

- Set your savings goals and save more
- Create a budget and stick to it
- Share your goals with family
- Make your money work for you



#### Communication & Confidence

- Express yourself with confidence
- Listen in order to understand
- Deal with stress and challenges in life
- Organise your life

### Module 1 - Learn Computer Skills

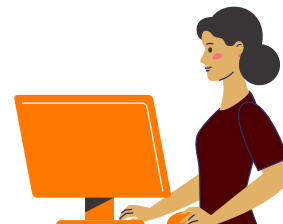
6 x 3h sessions | Each session consists of 2 Essential Computer Skills classes

**3 months**



#### Essential Computer Skills

- Develop confidence in using a computer
- Draft letters, create spreadsheets and presentations
- Protect your privacy and security on social media
- Learn to use Google Suite apps



#### DURATION

**6 months**

Two Sundays a month.

Choose your timings:

10am - 1pm or 2pm - 5pm



#### COURSE FEE

**\$ 150** for self-supporting students

**\$ 200** for employer-supported students



#### LOCATIONS

**Aidha @ Catapult** (5 minutes away from Buona Vista MRT)

**Aidha @ FAST Hub** (9 minutes away from Eunos MRT)



*Aidha changed my life. It gave me the chance to achieve my dream, not only for myself but for my family.*

**Gleia Mae Duenas**

Aidha Alumna

#### Our impact data shows:

After finishing Module 1, students' monthly savings increase by

**40%**

**ENROL ONLINE NOW!**

[www.aidha.org](http://www.aidha.org)

Aidha is an award-winning charity that empowers Migrant Domestic Workers to achieve economic independence through financial education.



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